



BLOOMINGTON, IN

Est. 1997



-Starters-

Chips and Salsa

House fried blue corn tortilla chips and homemade chipotle salsa 3.25

Brewery Fries

Lightly beer-battered and fried in our vegetarian fryer 4.25

Upland Nachos

Blue corn chips, melted mozzarella & cheddar-jack cheeses, diced tomatoes, fresh jalapenos, black beans, chipotle salsa 7.25

Add guacamole or sour cream for .75 each Add spicy chicken, spicy beef or Southwest tofu for 2.50

Spinach & Artichoke Dip

Served with toasted pita and house fried blue corn tortilla chips 7.95

Soft Pretzel Twists

Bloomington Bagel Company pretzel twists served with Helios Pale mustard and Wheat beer cheese sauce 6.95

Garlic Hummus

House made hummus, toasted pita points, fresh vegetables 7.25

-Pizza-

Upland Pizza

Made fresh daily and grilled for a unique taste 8.95

The Carnivore- Fischer Farm beef, roasted chicken, bacon, house made marinara, and mozzarella cheese

Sundried Tomato- Sun-dried tomatoes, red onions, basil oil, Capriole goat cheese, mozzarella cheese

Hawaiian- Grilled pineapple, bacon, roasted chicken, Bad Elmer BBQ sauce, red onion, cheddar jack cheese



-Big Bowl Salads-

The Upland Salad

Mesclun greens, cucumber, carrots julienne, cherry tomatoes, garlic croutons 5.25

Caesar

Romaine lettuce, house made five-herb Caesar dressing. Topped with Parmesan cheese and garlic cheese croutons 8.95

Add grilled chicken or Southwest tofu for 2.50

Beet and Citrus Salad

Shaved beets, mandarin oranges, shredded carrots, Capriole Chèvre, field greens, orange-ginger vinaigrette 11.75

Gorgonzola Bibb Salad

Organic Boston bibb lettuce, blue cheese crumbles, fresh red raspberries, candied walnuts 9.50

Add grilled chicken for 2.50

Southwest Tofu

Spicy vegan tofu, black bean & corn salsa, shredded carrots, toasted pumpkin seeds, cherry tomatoes, sliced cucumbers, crispy tortilla strips, mixed field greens 11.95

Soup and Salad Combo The Upland Salad & bowl of soup 8.95

Homemade Dressings

Bleu Cheese

Roasted Red Pepper Vinaigrette

Creamy Herb Garlic

Green Goddess Dressing

Orange-Ginger Vinaigrette

-Homemade Soups-

—Cup 3.50 Bowl 4.95 —

Buffalo Chili

Locally raised ground buffalo simmered in spicy tomato broth with black beans, fresh vegetables, smoked chilies, and Bad Elmer's Porter

Soup of the Day

Sometimes classic, sometimes a little bit different, ask your server about today's unique homemade soup



All sandwiches served with your choice of brewery fries, vegetarian potato salad, cole slaw, or potato chips.
You may substitute an Upland salad or cup of soup for 2.50

-Pub Favorites-

The Fish Sandwich

Beer battered cod, lemon aioli, lettuce, tomato, red onion, on a toasted Kaiser roll 9.50

Upland BLT

Toasted marble rye, apple wood smoked bacon, chipotle mayo, lettuce, tomato, and red onion 7.95

Fish and Chips

Two 1/4 pound pieces of beer battered cod, Upland brewery fries, fresh lemon, tartar sauce 9.95

Spicy Chipotle Reuben

Premium shaved corned beef, Swiss, sauerkraut, toasted marble rye, and chipotle aioli 9.95

Dragged Through The Garden

Cucumber, sprouts, lettuce, tomato, red onion, guacamole, gouda, lemon aioli on a flaky croissant 8.75

Pulled Local Pork Sandwich

All natural Fischer Farms pork is house smoked and smothered in Bad Elmer's Porter BBQ sauce. Served with red onion on a Kaiser roll 8.25

Hoosier Classic

Pork Tenderloin Sandwich

Homemade tenderloin, breaded and fried golden, lettuce, tomato, red onion on a toasted Kaiser roll 7.95

Seitan Tenderloin

House made breaded seitan with lettuce, tomato, and onion on a toasted Kaiser roll 7.95

Grilled Portobello

Grilled portobello with roasted red pepper-caper relish, Swiss cheese, lettuce, tomato, and onion on a flaky croissant 8.95

Turkey Guacamole Croissant

Porter-roasted turkey breast, chipotle mayo, guacamole, smoked gouda, apple wood smoked bacon, cucumbers, lettuce, tomato, red onion on flaky croissant 9.95

Supporting local farms improves freshness and quality of our food, supports the local community, and helps reduce our carbon foot print. We are proud to offer you the very best naturally raised, hormone free Indiana beef and pork from Fischer Farms, buffalo from Cook's Ranch, and turkey from Butcher's Block. Try our pulled Pork sandwich, a buffalo or beef burger, or our Turkey Guacamole Croissant Sandwich.



All sandwiches served with your choice of
brewery fries, vegetarian potato salad, cole slaw, or potato chips.
You may substitute an Upland salad or cup of soup for 2.50

-From the Grill-

All grill sandwiches come with lettuce, tomato, onion and the choice of:

- Grilled Chicken Breast
- Spicy Black Bean Patty
- 1/2 pound Local Buffalo Burger (add \$1.25)
- 1/2 pound Fischer Farms Beef Burger

Classic

Choice of sharp cheddar, Swiss, smoked gouda or jalapeno pepperjack 8.75

Philly

Grilled mushrooms, grilled onions and Swiss 9.75

Blue Flame (SPICY!)

Upland's blue cheese-jalapeno spread 9.75

Bad Elmer's Favorite

Sharp cheddar, extra thick bacon, Bad Elmer's Porter BBQ 9.75

Inferno (VERY SPICY!)

Jalapeno pepperjack, banana peppers and our habanero hellfire sauce 9.75

Add a side of horseradish for .75

-Dessert-

Porter Cake

Moist chocolate cake made with Bad Elmer's Porter
and topped with chocolate whipped cream 5.25

Upland Cheese Cake

Ever changing cheese cake.
Ask your server about
today's selection 5.95

Bacon Ice Cream

Bacon Ice Cream from the Chocolate
Moose. Served with chocolate
covered bacon 6.25

-Upland Hand Crafted Beer-

Wheat Ale-



Brewed with organic coriander, chamomile and orange peel to be light on the tongue and refreshingly tart. 4.5% ABV

Preservation Pilsner-



Pilsner malt and imported Czech hops this Bohemian style pilsner is crisp with light hop bitterness 5.2% ABV

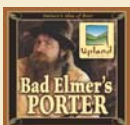
10% of all proceeds from Pilsner sales benefit Indiana Land Trusts.

Rad Red Amber -



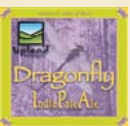
Our American Amber Ale is malty with a slight caramel and roasted malt finish. 5.5% ABV

Bad Elmer's Porter-



Brewed with lot of roasted malt, giving it flavors of coffee, liquorice, and chocolate. 5% ABV

Dragonfly IPA-



A brew with a very powerful hop profile, matching malt character, and a floral nose. 6.4% ABV

Helios Pale -



A refreshingly crisp, citrusy, and slightly bitter brew. 4.8% ABV

Named Helios, the Sun God, in dedication to the installation of solar water tube panels on the roof of the brewery.

Seasonal Beers-

Komodo Dragon Black IPA, Lightwave Pale, Ard Ri, Infinite Wisdom Tripel, Maibock, Nut Hugger Brown, Weizen, Oktoberfest, Schwarz, Winter Warmer, Double Dragon Fly IPA, and our Lambics.

16 oz. Pint - 3.75

20 oz. Imperial Pint - 4.25

23 oz. Pilsner Glass - 4.50

60 oz. Pitcher - 12.50

Seasonal Beer Pricing Differs by Style

Ask your server about today's beer special

Beer Sampler

Can't decide which of our tasty Upland beers to have? Why not try them all? Ask for a **Beer Sampler**. Samplers are a great way to try something new, or to have more than one without having too many! 7.95

-Beer To Go-

Glass Growler - 4.00

Growler Fill - 9.25 / 10.25

Seasonal Beer Pricing Differs by Style

6-Packs - 7.99 / 8.49

Cases 25.99 / 27.99

-Fountain Beverages-

Coke, Diet Coke, Sprite, Cherry Coke, Mr. Pibb, Bottled Root Beer, Coffee, Freshly Brewed Unsweetened Iced Tea, Lemonade, Hot Tea - 1.50